



City of Yonkers

Department of Parks, Recreation & Conservation
285 Nepperhan Avenue | Yonkers, NY 10701

WINTER 2025

Community Recreation

yonkersny.gov
register.communitypass.net/yonkers





MISSION STATEMENT

The Department of Parks, Recreation and Conservation operates and maintains, in partnership with the residents and visitors, a recreational system which enriches the quality of life for the present and future generations in a safe, enjoyable and affordable environment.

GUIDING PRINCIPLES

- Commits to serving and providing recreational opportunities to the best of our ability with respect and courtesy
- Encourages team work and mutual support with our employees and volunteers
- Provide stewardship of the City's Park Facilities



Mayor Mike Spano

CITY OF YONKERS

YonkersNY.gov

Dear Yonkers Residents,

As we step into the winter season, I'm proud to introduce this year's Winter Parks Guide, a reminder that Yonkers shines just as brightly in the colder months as it does in the summer sun.

Winter in Yonkers always brings us back to the E.J. Murray Memorial Skating Center, located at 348 Tuckahoe Road, where generations have learned to skate, play hockey, and create memories on the ice. I encourage you to stop by this season, whether you're brushing up your skills or simply enjoying the excitement from the sidelines with a cup of hot chocolate.

As the days get colder, it's also the perfect time to consider opening your home and your heart to a new companion. The Yonkers Animal Shelter is full of dogs and cats eager for a second chance. I hope you'll visit and consider adopting a pet who can bring warmth to your winter and happiness well beyond the season.

Our parks continue to evolve, and this year we're proud to showcase several newly renovated spaces. Take a moment to explore the updates at Pickett, Lincoln, Redmond Playground, Welty, and Conor parks. Each one has been thoughtfully modernized to give residents more opportunities to play, relax, and enjoy the outdoors year-round.

I also invite you to experience the newly rededicated Many Trails Park, formerly known as Daylighting II. Its striking new steel sculpture honors Yonkers' earliest chapters and pays tribute to the Native Americans who once lived on this land. It is a powerful reminder of the history beneath our feet and the stories that continue to shape our city's identity.

If you have any questions or concerns, please don't hesitate to call the Department of Parks, Recreation & Conservation at **914.377.6450**. For urgent concerns, call my 24-hour helpline at **914.377.HELP (4357)** or email me personally at mayor@yonkersny.org.

Thank you for taking advantage of all that Yonkers has to offer this winter. I hope these pages inspire you to get outside, explore, and enjoy the season in ways both new and familiar.

Sincerely,

MIKE SPANO
Mayor



MAYOR MIKE SPANO
message from

Be Part of YONKERS THIS WINTER



ICE TIME

Stay active this winter at E.J. Murray's Skating Rink – ice skating, hockey and more!

SPRUCE UP

Your neighborhood parks are spruced up. Check out the latest park upgrades near you at Welty, Fay, Pickett and Lincoln Parks.



YONKERS FAME!

Be sure to drop by the Yonkers Parks Department at 285 Nepperhan Ave to visit the Yonkers Sports Hall of Fame, where dozens of Yonkers residents are recognized for their contributions to the advancement of sports in Yonkers and beyond.



CITY COUNCIL

Lakisha Collins-Bellamy, President
 Deana Robinson, 1st District
 Corazon Pineda-Isaac, 2nd District
 Tasha Diaz, 3rd District
 John Rubbo, 4th District
 Mike Breen, 5th District
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YONKERS YOUTH BUREAU

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E.J. MURRAY MEMORIAL SKATING CENTER

Eileen Sullivan - Rink Manager
 Norbert Chrostowski - Asst. Rink Manager

YONKERS ANIMAL SHELTER

Lauren Talia
 Animal Control Officer
 Tiago Correia
 Deputy Animal Control Officer

COYNE PARK RIFLE RANGE

Christopher Rotolo
 Range Officer

General Information

City of Yonkers Department of Parks, Recreation and Conservation
 285 Nepperhan Avenue, Yonkers NY 10701

Monday - Friday 8:30 AM to 4:30 PM, 914-377-6450

REGISTRATION: Registration is on a first-come, first-served basis until programs are full. *MAIL-IN REGISTRATION IS NOT ACCEPTED.*

PAYMENT OPTIONS: We only accept a Cashier's Check, Money Order, Visa, MasterCard, and Discover Card. No cash is accepted.

ONLINE REGISTRATION: The best way to maximize your chance of securing a spot in any program is to register online as soon as registration begins. You can make an online payment using Visa, MasterCard or Discover Card. No registration spot is secured until it is paid for.

COVID 19 RESTRICTIONS: All current CDC guidelines must be followed.

AGE REQUIREMENTS: Age is determined as of the date of the first class unless otherwise specified. An adult class is for ages 18 years and older.

ABSENCES: Classes are not made up due to a participant's personal absence. Classes canceled due to inclement weather will be rescheduled. We reserve the right to reschedule classes on an as-needed basis.

REFUND POLICY: Full refunds will be issued for any program canceled by the Department of Parks, Recreation and Conservation (Parks Department). Full refunds will be issued for a medical reason before a program begins when accompanied by a doctor's note. After a program begins, a pro-rated refund will be issued based on the number of sessions attended, when accompanied by a doctor's note. The Parks Department will grant a refund request if received at least ten (10) business days before the program's first session. Ten dollars (\$10) or ten percent (10%) of the fee, whichever is higher, will be charged for processing refunds that are approved. Please allow several weeks for processing refunds. Bounced checks and credit card charge cancellations will carry a \$35 processing fee.

INCLEMENT WEATHER: The best way to receive quick and accurate information about program cancellations is to call the Parks Department Hotline at 377-6454 or listen to WFAS. Please make sure we have your most updated email address in your Community Pass registration account to receive programming updates and cancellation notices.

SINCERE APPRECIATION: We would like to thank the Yonkers Public Schools for the use of their facilities and appreciate the efforts of their staff.

SPECIALISTS NEEDED: If you have a special skill and would like to teach a class for the Parks Department, please call 377-6436.

PROGRAM BEHAVIOR: Participants are expected to exhibit appropriate behavior at all times. The following rules make programs safe and enjoyable for everyone. Participants shall show respect to all participants and staff. Refrain from using foul language. Refrain from causing bodily harm to other participants and staff. Show respect for equipment, supplies and facilities. The City of Yonkers reserves the right to remove anyone from our programs.



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**The Parks Department is now offering a limited number of scholarships
for our Camp, Little Learners, Skating and Aquatics Programs.**

For more information, please visit

www.yonkersny.gov/parks or call 377-6436.

REGISTER ONLINE • register.communitypass.net/yonkers

ONLINE REGISTRATION BEGINS

Tuesday, December 9 at 8:00 PM

Aquatics Registration: Wednesday, December 10 at 8:00 PM

***Swim Placement (Water Testing): Monday, December 8, 6:00 – 8:00 PM**

**All Aquatic Activities take place at Mark Twain Pool, 160 Woodlawn Avenue (MT)
and the Halmi Pool, 72 Valentine Lane (HP)**

SWIM PLACEMENT REQUIREMENTS: If your child has not participated in our program, and has some water experience, you must bring them to swim placement for correct placement in our swim classes. Swim placement is not necessary if you know your child is a White/Red (Beginner) in Starfish Swim School®, StarBabies™, StarTot™, Swim School for Teens and Swim School for Adults.

- Registration is open for all programs at E.J. Murray Memorial Skating Center
- Project Friendship: to register call (914) 377-6438
- Registration is not required to attend the Teen and Adult Recreation Center or Senior Citizen Centers/Programs

Register Online at

<https://register.communitypass.net/yonkers>

Community Pass Registration Service

Register yourself or your entire family for recreation programs around the clock.

Requirements

You must pay with a Visa, MasterCard or a Discover Card, and need a valid e-mail address.

Setting Up An Account

Go to <https://register.communitypass.net/yonkers>
Click on: "Create an Account" at the bottom. Complete the account forms. Make note of your User Name and Password.

To Add More Family Members

Click on "View Account" under useful links. Then click either "Add Child" or "Add Adult." After you have added your family members, click "Home" at top.

On Registration Day

STEP 1. Go to <https://register.communitypass.net/yonkers>. Log in with User Name and Password in the "Existing Users" section at right.

STEP 2. Click "Register Now". Select the "Season" of interest to you. Examples: "Community Recreation– Winter 2022"

STEP 3. Verify your family information.

STEP 4. Select the desired "Group" at left. Select the desired programs. Click "Add to Cart."

STEP 5. On the "Select Participants" page, click the box next to the people you are registering, then click "Continue."

STEP 6. When the "Shopping Cart" page is complete, click "Continue to Checkout."

STEP 7. Make payment with Visa, Mastercard, Discover Credit/Debit Card. CapturePoint/Community Pass will send you an e-mail receipt that will confirm your successful registration.

How to Avoid Cancellations

Please register in advance to avoid program cancellations. A certain number of participants is required in order for a program to move forward. Every effort will be made to avoid cancelling a program. However, if this does occur, an announcement will be made in advance of the first meeting date.

***Limited spots available.**



Permit Division

The Permit Division is responsible for issuing permits for a wide variety of recreational activities. All permits can be obtained by visiting www.yonkersny.gov/parks. Click on "Forms & Permits" on the left hand side of the screen.

INDOOR PERMITS are required for all Board of Education Facilities and our Community Centers. Board of Education and Indoor Permit applications are available August 1 and due September 30.

For additional information please call 377-6440 for Board of Education facilities or 377-6438 for community centers.

OUTDOOR PERMITS are required for activities or events held at all parks facilities. Permits are required for all tournaments, the turf fields at Fleming, North Broadway, and Pelton Fields and the picnic facilities at Redmond Park, Coyne Park and the JFK Marina. Spring and Summer outdoor field applications are available on March 1. Spring permit applications are due April 1. Summer permit applications are due on June 1. Fall outdoor applications are available August 1 and due September 1. For additional information please call 377-6440.

MOBILE CONCESSIONS PERMITS are required and obtained through the Parks Department. For additional information on Mobile Concession Permits please call 377-6438.

LIBRARY SPECIAL EVENT APPLICATIONS are available year-round. For additional information please call 375-7947.

SPECIAL EVENTS PERMIT APPLICATIONS are required for events held within the City of Yonkers. This includes any event that will preempt normal use of city space by the general public. For additional information please call 377-6427.

WEDDING CEREMONY/PHOTOS A permit is required to take photographs and videos inside beautiful and historic Untermyer Park, located at 945 North Broadway. Applications are available March to November. For additional information please call 377-6427.

COMMERCIAL VIDEO & PHOTO PERMITS are required for any filming in Yonkers. For additional information please call 377-6059.

JFK MARINA - ANNUAL AND DAILY PERMITS Daily and annual permits are available at the marina.

Season begins May 1 till October 1.

The JFK Marina is located off Warburton Avenue on John F. Kennedy Memorial Drive. Boat launching is available by permit from dawn to dusk, seven days a week for an Annual Resident/Non-Resident Fee of \$50/\$100 for Canoe or Kayak, \$150/\$300 for Jet Ski, and \$200/\$400 for Motorized Boats and Watercrafts. Day passes are also available on location for Residents/Non-Residents as follow: \$10/\$20 for Canoe or Kayak, \$20/\$40 for Jet Ski, \$30/\$60 for Motorized Boat or Watercrafts. Parking Fees: Friday – Sunday and holidays. Resident: \$5, Non-Resident: \$25.

Please note that permits do not include parking fees.

For additional information call 377-6427.



COMMUNITY RECREATION \$CHOLARSHIPS

The City of Yonkers Department of Parks, Recreation and Conservation is now offering a limited number of scholarships for our Camp, Aquatics, and Skating Programs. Our scholarship program is meant to assist those who would not normally be able to participate in our programs by supplementing fees with scholarship funds made available to Residents. Scholarships are available first-come, first service to those who meet the criteria.

Applications accepted as follows:

Camp Rays, Pre-K Camp, Camp Pride and Little Learners
January 1 – March 31, 2026

Aquatics and Skating Programs

Year-round – must be submitted a minimum of 2 months prior to requested session

For more information and an application please visit www.yonkersny.gov/parks or call 377-6436.

SPECIAL RECREATION EVENTS



YONKERS IDOL COMPETITION

Auditions • Registration Required
Spring Auditions Coming Soon



SPECIAL RECREATION EVENTS



YONKERS EASTER EGG HUNT

Saturday, April 4, 2026

War Memorial Field - Copcutt Lane

(behind the Parks Department at 285 Nepperhan Avenue)

Coyne Park - 777 McLean Avenue

Bring your camera and join us for some fun with the Easter Bunny!
This event is for children up to 10 years old...Rain or Shine

Children are divided into the following groups for the hunt:

4 years old and under 10:00 AM

5 to 7 years old 10:30 AM

8 to 10 years old 11:00 AM

SPRING TRACK RACES

Boys and Girls, ages 4-14

Saturday & Sunday Mornings in April and May

Held at Roosevelt High School Track



Mayor's Basketball Tournament

February 17-20, 2026

Roosevelt High School - Lower Gym

631 Tuckahoe Road | Yonkers, New York 10710

The tournament is open to girls and boys teams in the following divisions:

7th & 8th Grade | 9th & 10th Grade

Deadline for rosters is Thursday, January 22, 2026

For more information call 914.377.6440

Spring Dance

For more information on the Recreation Events please call 377-6450.

SENIOR CITIZEN SPRING DANCE

Thursday, April 16, 2026

10:00 AM - 2:00 PM

Free admission, entertainment, and surprises!

Yonkers Parks Holiday Events!

BREAKFAST WITH THE GRINCH

SUNDAY, DECEMBER 7

The Grinch is coming to Yonkers! You and your family have an opportunity to have Breakfast with the Grinch! Children of all ages are invited to breakfast, story times, cookie decorating and mischievous times with the Grinch.

Spreckman Community Center | 777 McLean Avenue
9:00 AM | \$15.00 Per person (our littlest who-ville residents aged 3 and under are free, but registration is required)



WREATH DECORATING

THURSDAY, DECEMBER 11

Learn how to create a one-of-a-kind holiday wreath to decorate your home – all materials included, but feel free to bring in anything you want to add to your wreath.

Spreckman Community Center | 777 McLean Avenue
5:00 PM – 7:00 PM | \$20.00
All ages welcome, children under 5 must have parent present

BREAKFAST WITH JACK FROST

SUNDAY, DECEMBER 14

Bundle up and bring the whole family for a frosty morning of fun! Jack Frost himself is sliding into town to share stories of winter magic, take photos, and sprinkle a little sparkle on your breakfast plate. Join us for breakfast, cookie decorating, and meet and greet with Jack Frost Himself!

Nodine Hill Community Center | 140 Fillmore Road
9:00 AM | \$15.00 Per person
(our littlest guests aged 3 and under are free, but registration is required)



Register Now – Space is limited! Festive Pajamas Encouraged!

For further information or to register, call 914.377.6444





CITY OF YONKERS
MAYOR MIKE SPANO



DEPARTMENT OF PARKS, RECREATION AND CONSERVATION

E.J. MURRAY MEMORIAL SKATING CENTER
348 TUCKAHOE ROAD • YONKERS, NY 10710 • (914) 377-6469

WINTER ICE FESTIVAL

Sunday, December 14, 2025
12:00 PM to 3:00 PM

EVENT INCLUDES:

- Ice Show featuring the Learn to Skate Program including Freestyle Numbers and Soloists
 - Public Ice Skating Following the Show
 - Santa & Mrs. Claus
 - Special Appearance by Swizzle the Rink Mascot
 - Rinkside Cafe Treats for purchase
- Music, Face Painting, Balloon Artist, Entertainment & more...



PRE-K RECREATION



Little Learners Half Day Pre-K Program Term 1 & 2

Children 3 and 4 years of age are introduced to a variety of recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story-telling. Activities are designed to develop and enhance the basic principles of sharing, communication, and social interaction. Requirements: Children must be toilet trained (no diapers or pull-ups). Term 2 begins February 2025.

Registration will begin in July for the new 2025-26 school year. For more information, please call 377-6435.

**Scholarships now available for our
Camp and Little Learners Program!
Please see page 9 for more information.**

Pre-Ballet for Pre-K with Elisa

Instructor: Elisa Bonneau

An introduction to basic ballet technique while enjoying dance exercises in a cheerful atmosphere. Children learn to move across the floor, line up, share, take turns, and express themselves through movement games. Maximum 10 students per class.

Requirements:

Footwear: Ballet shoes with either leather soles or soles with a leather strip/patch. Attire: Dancewear/form-fitting clothes. Wear leotards and tights only.

No ballet skirts or costumes. Children should not wear rings, bracelets or necklaces.

Dates: Saturdays, starting January 17
Fridays, starting January 16

Fee: \$140 for 10 classes, Non-residents \$170

FRIDAYS

Yonkers Montessori Academy

160 Woodlawn Avenue

Ages 3 – 4.5 years | 4:00 - 4:45 PM

Ages 4.5 – 5 years | 4:50 - 5:35 PM

SATURDAYS

Roosevelt High School

631 Tuckahoe Road

Ages 3 – 4.5 years | 10:00 - 10:45 AM

Time with Me

Instructor: Miss Tabitha

Miss Tabitha is back! Early childhood educators believe children learn while they play. In this popular class, children ages 12-36 months will enjoy creative play, crafts, singing songs, painting and dancing. Each child registered must have an adult present; non-registered children are not permitted in the class.

Age/Time: 18 - 24 months 9:00 – 9:45 AM
24 - 30 months 10:00 - 10:45 AM
30 - 36 months 11:00 - 11:45 AM

Dates: 6 Thursdays, starting March 5

Location: Charles A. Cola Community Center
945 North Broadway

Fee: \$75 for 6 classes, Non-residents: \$105



YOUTH / TEEN RECREATION

Kids Sketch and Paint FUN-damentals 101

Instructor: Diana Capasso

This class offers broad based beginner techniques where Children learn the FUN-damentals of how to create their own unique works of art by using multiple sketch techniques along with watercolor wax transfer and acrylic painting methods. Supply fee: \$20 cash fee due to instructor at first class

Ages: 7-14 years

Dates: Thursdays, starting January 22

Time: 5:00 – 6:15 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

Fee: \$150 for 8 classes, Non-residents: \$180

Crafty Kids

Instructor: Diana Capasso

Boys and girls create fun crafts by exploring a variety of art styles from Picasso masks and American Indian dream catchers and rain sticks to working with Mother Nature's stone, sand, feathers, shells and wooden beads. Kids will be wowed with recyclables and what they can become. Also create and customize denim patches, jewelry crafts for those who like to wear their art, seasonal themed projects, and the big favorite: SLIME.

Age: 5 - 11 years

Dates: Thursdays, starting January 22

Time: 4:00 - 4:50 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

Fee: \$110 for 8 classes, Non-residents: \$140

Chess

Instructor: Victor Mairena

Students become familiar with the board, pieces, notation, how the pieces move, opening & defense at all levels. Chess teaches children strategies and how to live by them.

Ages: 5 -12 years

Dates: Saturdays, starting January 17

Time: Beginner..... 9:00 - 10:00 AM

Intermediate..... 10:00 - 11:00 AM

Advanced 11:00 am -12:00 PM

Location: Roosevelt H.S. • 631 Tuckahoe Road

Fee: \$140 for 10 classes, Non-residents: \$170

American Safety & Health Institute Certified Baby-Sitting Training 1

Instructor: Tabitha Alston

We recognize the importance of being trained to supervise children. Skills such as handling emergencies, giving basic first aid, and caring for children will be discussed. A "Course Certification Card" is issued to those who pass the course. All students receive a Baby-Sitter's Handbook. A light snack is permitted. **Requirements:** Students must be 11-15 years of age at time of registration and **MUST pre-register** for this course according to the schedule below. Each student must bring a baby doll. **PARENTS:** Please arrive at 8:45 AM so the class can start on time.

Ages: 11 - 15 years

Dates: March 14, April 11, May 9,

Time: 9:00 AM - 1:30 PM

Location: Nodine Hill Community Center
140 Fillmore Street
Inside Fleming Field parking lot

Fee: \$47 for everyone

Supply Fee: \$15 for supplies noted above
(cash only, to instructor at class)

YOUTH/ TEEN RECREATION

Teen Stars on the Rise (Theatre)

Instructor: Mary Ann Penzero

Participants will engage in Theatre games, improvisation, and scene work from stage and screen. Our performers will develop monologues and scenes based on their own experiences. Stage craft elements including the use of props, costumes, lighting and directing will be introduced. Participants will learn self-expression and performing in a structured environment.

Ages: 12-17 years

Dates: Saturdays, starting January 17

Time: 10:00 – 11:00 AM

Location: Roosevelt High School

631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents



Theatre for Kids (Acting)

Instructor: Mary Ann Penzero

Instruction will include Theatre games and improvisation based on themes from stage and screen. Participants will enhance their experience by learning elements of stage craft including simple lighting, props, and costumes. Participants will enjoy performing in a structured environment.

Ages: 8 -11 years

Dates: Saturdays, starting January 17

Time: 9:00 – 10:00 AM

Location: Roosevelt High School

631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents



YOUTH / TEEN RECREATION

Theatre for Kids and Pre-teens

Instructor: Mary Ann Penzero

Participants will engage in Theatre games, improvisation, and scene work from stage and screen. Our performers will develop monologues and scenes based on their own experiences. Stage craft elements including the use of props, costumes, lighting and directing will be introduced. Participants will learn self-expression and performing in a structured environment.

Ages: 8-14 years

Dates: Thursdays, starting January 22

Time: 4:30 – 5:30 PM

Location: Cola Community Center

945 North Broadway

Fee: \$110 for 8 classes, \$140 Non-Residents

Karate

Instructor: Trent Perri

Learn self-defense movements for mental, physical, and emotional control of the body and mind. Students should wear comfortable clothes and must wear sneakers. New students completing this course will be awarded the rank of Orange Belt. Returning students who complete this course will be awarded the higher Yellow Belt rank. **Supply fee:** \$12 cash fee due at the first class is required of all students for belt and certificate.

Age/Time: Beginners, 8 - 12 yrs9:00 - 10:00 AM

Beginners, 5 - 7 yrs10:00 - 11:00 AM

Returning, 5-12 yrs11:00 - 12:00 PM

Dates: Saturdays, starting January 17

Location: Roosevelt High School

631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents

Tennis for Kids & Teens

Instructors: Bernard Cooper & Sebastian Sanchez

Join our two tennis "Pros" for beginner classes in a comfortable, socially-friendly environment. Basic instruction in proper grip, forehand, backhand, serving, volleying, scoring, rules, and tennis etiquette. Teen class is for teens with or without experience.

Requirements: wear sneakers and bring your tennis racquet

Ages/Times: 5- 6 years, 9:00 - 9:55 AM

10-12 years, 10:00 - 10:55 AM

7- 9 years, 11:00 - 11:55 AM

13-16 years, 12:00 - 1:00 PM

Dates: Saturdays, starting January 17

Location: Roosevelt High School

631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents

Ballet & Tap

Instructor: Elisa Bonneau

Vaganova (Russian) technique. Classes teach basic ballet technique, music appreciation, and vocabulary while building self-esteem. Time is spent equally dancing ballet and tap. For students with or without experience. **Attire:** Ballet shoes (Girls – pink, Boys – black) with either leather soles or soles with a leather strip/patch. Everyone needs tap shoes. Girls wear any color long or short-sleeve leotard, pink footed tights. No ballet skirts. Boys wear white T-shirt, boy's black tights. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 5-7 years

Dates: Saturdays, starting January 17

Time: 9:00 - 9:45 AM

Location: Roosevelt High School

631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents

YOUTH/ TEEN RECREATION

Ballet, Level 1

Instructor: Elisa Bonneau

Vaganova (Russian) technique. Classes teach basic ballet technique, music appreciation and vocabulary while building self-esteem. For students with or without experience. **Attire:** Ballet shoes with either leather soles or soles with a leather strip/patch. Girls wear black long or short-sleeve leotard, pink footed tights. No ballet skirts, costumes or jewelry. Hair must be tied or pinned back. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 6-9 years

Dates: Fridays, starting on January 23

Time: 5:30 - 6:30 PM

Location: Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$140 for 10 classes, \$170 Non-Residents

Ballet & Tap Dance

Instructor: Elisa Bonneau

Beginners learn the fundamentals of both types of dance merged into one and learn to express themselves through dance. **ATTIRE:** Ballet shoes with either leather soles or soles with a leather strip/patch also tap shoes. Girls wear black long or short-sleeve leotard, pink footed tights. No ballet skirts, costumes or jewelry. Hair must be tied or pinned back. Children should **NOT** wear rings, bracelets or necklaces.

Ages: 8-12 years

Dates: Saturdays, starting January 17

Time: 11:00 – 12:00 PM

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$140 for 10 classes, \$170 Non-Residents

Youth Salsa

Instructor: Elisha Ivory

This beginner friendly class includes fitness and coordination. Learning how to connect our steps to the rhythm and developing fun choreography! Sneakers or jazz shoes preferred.

Ages: 9-14 years

Dates: Thursdays, starting January 23

Time: 5:30 - 6:30 PM

Location: Lincoln High School, Room 261
375 Kneeland Avenue, main entrance

Fee: \$110 for 8 classes, \$140 Non-Residents

Street Jazz/Hip-Hop

Instructor: Donna Moynihan

Street Jazz is a mixture of modern hip-hop styles and traditional dance moves. This class works on the dancer's creativity and is often improvisational and social in nature; street jazz dance encourages interaction and contact with other dancers. These styles include breakdancing, popping and locking, and krumping. **Attire:** Children should **NOT** wear rings, bracelets or necklaces and dress comfortable, no jeans.

Ages: 5-8 years

Dates: Tuesdays, starting January 20

Time: 5:00 - 6:00 PM

Location: Lincoln High School
375 Kneeland Avenue

Fee: \$110 for 8 classes, \$140 Non-Residents



YOUTH/TEEN RECREATION

Hip-Hop I for Beginners

Instructor: Elisha Ivory

Learn the latest moves in an energetic, upbeat, but disciplined environment! No experience welcome! Loose clothing and sneakers are required.

Ages: 5-9 years**Dates:** Fridays, starting January 23**Time:** 5:30 - 6:30 PM**Location:** Lincoln High School, Room 261
375 Kneeland Avenue, main entrance**Fee:** \$140 for 10 classes, \$170 Non-Residents

Hip-Hop II for Intermediate/ Advanced Dancers

Instructor: Elisha Ivory

Learn the latest moves in an energetic, upbeat, but disciplined environment! Some experience welcome, but not necessary! Loose clothing and sneakers are required.

Ages: 10-14 years**Dates:** Fridays, starting January 23**Time:** 4:30 - 5:30 PM**Location:** Lincoln High School, Room 261
375 Kneeland Avenue, main entrance**Fee:** \$140 for 10 classes, \$170 Non-Residents

Acoustic Guitar

Instructor: Rob Hall

Beginners Learn the basics from chords and simple strumming to melodies and reading music. Maximum 10 students. Extra cash fee at second class for instruction book. Beginners Plus is for students who have taken this class or have other experience and have begun to learn how to read music notes. **Requirements:** Bring your own guitar.

Ages/Times: 9-13 years Beginners, 9:00 - 10:00 AM
10-16 years Beg Plus 10:00 - 11:00 AM**Dates:** Saturdays, starting on January 17**Fee:** \$140 for 10 classes, \$170 Non-Residents**Location:** Roosevelt High School
631 Tuckahoe Road

Intermediate/Advanced Youth & Teen Guitar

Instructor: Rob Hall

Expand your skills in chords, rhythms, melodies and reading for use in diverse playing styles. Advanced class is for students with more experience and the ability to read music notes. Maximum 10 students. **Requirements:** Bring your own guitar. Extra cash fee at second class for new students to purchase instruction book.

Ages: Both classes 12-17 years**Dates:** Saturdays, starting January 17**Times:** Intermediate, 11:15 AM - 12:15 PM
Advanced, 12:15 - 1:15 PM**Fee:** \$140 for 10 classes, \$170 Non-Residents**Location:** Roosevelt High School
631 Tuckahoe Road

See registration details on page 7

YOUTH/ TEEN RECREATION

Little Cooks

Instructor: Brenda J. Freeman

These future chefs will enjoy hands-on food preparation while learning how to read and understand recipes. After school snacks such as English muffin pizza, tuna pinwheel bites, a vegetable fried rice dish, and more will give children an understanding of healthy and fun foods. Chefs ages 10 - 12 will also focus on reading measurements and weights, exploring the effect of different cooking temperatures on foods, and expanding their culinary vocabulary. Maximum 10 students in each class. **Supply fee:** \$20 cash is due at the first class. **Requirements:** Bring an apron, smock or over-sized T-shirt to protect clothing. Hair must be tied or pinned back.

Please call 377-6435 after registering to make us aware of any food allergies your child has. This is a 90 minute class.

Ages: 7-9 years

Dates: Wednesdays, starting on January 21

Time: 4:30 - 6:00 PM

Ages: 10-12 years

Dates: Thursdays, starting on January 22

Time: 4:30 - 6:00 PM

Location: School 16, 759 North Broadway

Fee: \$125 for 8 classes, Non-residents: \$155



Basketball Skills and Drills

Coach: Coach George "Sunny" Burton

Young athletes will improve their basketball skills through a variety of fun, skill-building drills. Whether you are just starting or already have experience, there is a session for you! Please wear comfortable clothing and basketball shoes.

Ages: 8-15 years

Beginner Level, No previous basketball experience required.

Dates: Fridays Starting January 23

Time: 5:00 - 6:00 PM

Intermediate Level, This session is for players who have basic dribbling skills and are ready to advance their basketball abilities.

Dates: Mondays Starting January 26

Time: 5:30 – 6:30 PM

Location: Museum School 25 Gym

579 Warburton Avenue

Fee: \$110 for 8 classes, Non-residents \$140

Cheerleading 101

Instructor: Elisha Ivory

Learn Motions, cheers, jump and stunts in this fun class. Perfect for Children interested in trying cheerleading or getting ready for team tryouts. Athletes learn the fundamentals of cheerleading and dance. Please dress comfortably!

Ages: 7-13 years old

5:30-6:15 PM

14-17 years

6:30-7:15 PM

Dates: Wednesdays starting January 21

Location: School 23

56 Van Cortlandt Park Avenue

Fee: \$110 for 8 classes, Non-residents \$140



YOUTH / TEEN RECREATION

Bollywood Fitness for Kids

Instructor: Samantha Manoharan

Enjoy a fun and energetic dance with Bollywood music! Journey through different dance styles from India, such as Bhangra, Garba, semi classical and Bollywood. Learn fun simple choreography that cumulates with a dance for the parents to watch!

Ages: 8 - 12

Dates: 8 Thursdays starting January 15

Time: 5:00 - 5:45 PM

Location: Lincoln High School (room 261)
375 Kneeland Avenue

Fee: \$110 for 8 classes/Non-Residents \$140

Wreath Decorating Class

Dive into the world of festive décor by crafting your own stunning wreath using artificial tinsel and seasonal decorations. With a range of colors and embellishments at your disposal, you'll design a vibrant, eye-catching wreath perfect for adding seasonal charm to any door or wall.

Ages: 10+ (Family friendly and adults welcomed)

Dates: Thursday, December 5

Time: 5:00 - 7:00 PM

Location: TBA

Fee: \$25 per participant



Sculpture for Kids

Sensory Art Class

Instructor: Victoria Blige

Dive into the world of sculpture as we explore various techniques and tools to create unique art pieces. From characters and statues to pinch pots, your child will work with air-dry clay, paint, and glaze to bring their creations to life. Each participant receives sculpting tools and an air-tight container to keep their masterpieces safe.

Ages: 8-12

Dates: Saturday, Starting January 17

Time: 9:00 - 9:45 AM

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$110 for 8 classes, Nonresident \$140



YOUTH/TEEN RECREATION

Teen Recreation Centers

A free, drop-in recreation program for Yonkers Residents 13 - 17 years of age. Participants have the opportunity to take part in basketball, board games and other fun activities while socializing in a safe, well-staffed environment.

December 1, 2025 through March 30, 2026

Week Nights: 6:30 - 9:30 PM

Saturdays: 3:00 - 8:00 PM

MONDAY

School 22 - 1408 Nepperhan Avenue

TUESDAY

School 13 - 195 McLean Avenue

WEDNESDAY

MLK Academy - 35 Locust Hill Avenue

THURSDAY

Enrico Fermi School - 27 Poplar Street

Hostos School - 75 Morris Street

Cross Hill Academy - 160 Bolmer Avenue

MLK Academy - 35 Locust Hill Avenue

FRIDAY

Hostos School - 75 Morris Street

Enrico Fermi School - 27 Popular Street

Yonkers H.S. - 150 Rockland Avenue

School 13 - 195 McLean Avenue

MLK Academy - 35 Locust Hill Avenue

SATURDAY

School 13 - 195 McLean Avenue

Dodson School - 105 Avondale Road

Enrico Fermi School - 27 Poplar Street

MLK Academy - 35 Locust Hill Avenue

For additional information call (914) 377-6444.



ADULT RECREATION



Adult Open Gym Basketball

A free drop-in open gym basketball program for Yonkers Residents 18+ years of age.

December 1, 2025 through March 30, 2026

Week Nights: 6:30 - 9:30 PM

Saturdays: 3:00 - 8:00 PM

MONDAY

Dodson - 105 Avondale Road

TUESDAY

Yonkers H.S. - 150 Rockland Avenue

Barack Obama School - 201 Palisade Avenue

WEDNESDAY

Yonkers H.S. - 150 Rockland Avenue

Barack Obama School - 201 Palisade Avenue

THURSDAY

Yonkers H.S. - 150 Rockland Avenue

Barack Obama School - 201 Palisade Avenue

FRIDAY

Cross Hill Academy - 160 Bolmer Avenue

SATURDAY

Barack Obama School - 201 Palisade Avenue

Hostos School - 75 Morris Street

For additional information call (914) 377-6444.

SHiNE + UPLIFT Dance & Strength Fitness

Instructor Denise Velazquez

Get the benefits of both SHiNE DANCE FITNESS and UPLIFT STRENGTH for a full-body workout that builds confidence and muscles! Class kicks off with high cardio dance routines to current hit music using easy-to-follow choreography crafted by SHiNE. Once you are fully warmed up, we transition to the strength portion of the class using hand weights, bands and a ball to target specific muscles while rockin' out to the most iconic music. Equipment is optional, though recommended. Choose weights and level of resistance that are appropriate for your fitness level. For examples of recommended items, see UpLift - SHiNE Dance Fitness

Dates: Tuesdays starting January 6

Time: 6:15-7:15 PM

Location: Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$110 for 8 classes/Non Residents \$140

Dance Exercise with a touch of Zumba® Fitness

Instructor: Diane Capurso

This is dance fitness with lots of fun. Some light kick boxing, line dancing, and weights will be used. Also infused into this cardio dance combo is the Latin/International rhythms and dance steps of Zumba.

Requirements: Bring a light volleyball size ball, mat or towel, and 1-5 lb weights.

Dates: Fridays, starting January 9

Time: 9:30 - 10:30 AM

Location: Cola Center at Untermyer Park
945 North Broadway

Fee: \$110 for 8 classes/Non Residents \$140

ADULT RECREATION



Yoga Essentials

Instructor: Renata Silva

A Yoga class that blends fundamental sequences designed to promote physical strength, flexibility and inner stillness fostering mindful awareness thru breath alignment w/ movement. Each class is grounded in a deep respect for the body's innate wisdom and the transformative power of presence.

Dates: 8 Thursdays starting January 15

Time: 7:00 - 8:00 PM

Location: Lincoln High School (room 261)
375 Kneeland Avenue

Fee: \$110 for 8 classes/Non-Residents \$140

Adult Sketch and Paint

Instructor: Diana Capasso

This class offers broad based beginner techniques where you create your own unique works of art by using multiple sketch techniques along with watercolor wax transfer and acrylic painting methods. A \$20 supply fee due first class

Dates: Thursdays, starting January 22

Time: 6:30-7:30 PM

Location: Spreckman Community Center
777 McLean Avenue

Fee: \$110 for 8 classes, Non-residents \$140

Acoustic Guitar

Instructor: Rob Hall

An introduction to Acoustic Guitar for absolute beginners (no experience) and for players with limited experience. Learn to read and play basic notation, melodies, rhythm, and chords. Students must provide their own acoustic guitars. Maximum 10 students. Extra cash fee due at second class for instruction book.

Dates: Mondays, starting on January 5

Time: 6:00 - 7:00 PM Beginner

7:00 - 8:00 PM Beginner Plus/Intermediate

Location: Bronx River Road Community Center
680 Bronx River Road

Fee: \$110 for 8 classes, Non-residents \$140

Yoga

Instructor: Shae Stephenson/Charles Chesnavage

COMMUNITY FLOW is designed for everyone. A gentle, yet active class, Community Flow is grounded in yogic principles, and designed to ease tension in the mind and body, while harnessing the strength and softness of the spirit. This is a community, open-level Vinyasa flow. All bodies are welcome. This class includes pranayama / breathwork, classic asana sequences, mindful movement, and deep relaxation.

Dates Times: Mondays starting January 5

Wednesdays starting January 7

6:30 - 7:30 PM

Community Flow - Open Level

OR Saturdays, starting January 10

9:00 - 10:00 AM

Location: Cola Community Center

945 North Broadway

Fee: \$110 for 8 classes/\$20 drop in fee

Non-residents \$140



ADULT RECREATION

Tennis

Instructor: Max Sanchez

Beginners will learn forehand and backhand, strokes, serving, volleying, rules, and tennis etiquette. Intermediates learn court strategies and ground strokes. **Requirements:** Wear sneakers and bring a tennis racquet.

Dates: Wednesdays, starting on January 7

Level/Time: Beginner – 7:00 - 8:00 PM

Intermediate – 8:00 - 9:00 PM

Location: Cross Hill Academy

160 Bolmer Avenue

Use rear entrance driveway,
off western end of Odell Avenue

Fee: \$110 for 8 classes, Non-residents \$140

Pickleball

Instructor: Geraldine Zorn & Bart Flanagan

Beginners will learn forehand and backhand, strokes, serving, volleying, rules, and Pickleball etiquette. Intermediates learn court strategies and strokes.

Requirements: Wear sneakers, comfortable clothing, and bring a pickleball racquet.

Dates: Thursdays starting January 8

Location: Cross Hill Academy

160 Bolmer Avenue

Use rear entrance driveway,
off western end of Odell Avenue

Time: 7:00 - 8:00 PM Beginners

8:00 - 9:00 PM Intermediate

Fee: \$110 for 8 classes, Non-residents \$140



Bollywood Fitness

Instructor: Samantha Manoharan

Enjoy an amazing workout with energetic Bollywood dance music! You will experience a dance-based workout designed to increase your heart rate with cardio, strength toning and choreography. Journey through different dance styles from India, such as Bhangra, Garba, semi classical and Bollywood. A fantastic workout!

Dates: 8 Thursdays starting January 15

Time: 6:00 - 6:45 PM

Location: Lincoln High School (room 261) 375

Kneeland Avenue

Fee: \$110 for 8 classes / Non-Residents \$140

Adult Hip Hop

Instructor: Donna Moynihan

Unleash your inner rhythm and flow in this dynamic hip-hop dance class! Hip Hop Flow is a fun and energetic workout that combines fresh choreography with strength and cardio training, all set to the hottest hip-hop beats. From old-school classics to new-school hits, you will learn and perform moves that will have you feeling like a pro. Get ready to improve your technique, boost your confidence, and sweat with a supportive community. Come ready to move, groove, and find your flow!

Dates: 8 Wednesdays starting January 7

Time: 6:00 - 7:00 PM

Location: Spreckman Community Center

777 McLean Avenue

Fee: \$110 for 8 classes, Non-residents \$140

AQUATICS

Yonkers Parks Recreation and Conservation is an approved Training Center for Starfish Aquatics™ Institute and an authorized provider for Starguard™ & Starfish Swimming™

SWIM PLACEMENT REQUIREMENTS: If your child has not participated in our program, you must bring them to Swim Placement for correct assessment for our swim classes, unless you know they are White/Red (Beginner) in Starfish Swim School, StarBabies, StarTots, Swim School for Preschool, Teens and Adult swim classes. **Please look at class description online for start date and swimming pool locations.**

POOL LOCATIONS

(HP) Halmi Pool - 72 Valentine Lane

(MT) Mark Twain Pool - 160 Woodlawn Avenue

SWIM PLACEMENT:

Monday, December 8, 6 - 8 PM

Mark Twain Pool, 160 Woodlawn Avenue.

ONLINE REGISTRATION:

Wednesday, December 10, 8:00 PM

register.communitypass.net/yonkers

Starfish Swim School® for Youth (Ages 3 – 12)

Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is self-paced but challenging. Stages are as follows: White, Red, Yellow, Blue, and Green.

Fee: \$140. Non-residents \$170.

All participants MUST PASS EACH COLOR LEVEL before moving on to next level.



Starfish Swim School

For children who are beginning to learn to swim and are not able to swim freestyle across the deep end of the pool. They also cannot easily tread water for at least 60 seconds.

Starfish Swim School Benchmarks for Completion of Level

White Star Benchmark: Easily can submerge entire face and body

Red Star Benchmark: Independent floating on front and back. Can roll onto back and float to breathe

Yellow Star Benchmark: Can self-rescue by performing the swim, roll, swim method

Blue Star Benchmark: Can swim with forward movement with good side glide body position and proper flutter kick

Green Star Benchmark: Can perform front stroke with 1,2,3 breathing pattern with face in the water, over arm action and strong flutter kick

Starfish Stroke School

This class is for children who are able to easily swim front stroke with 1, 2, 3 breathing pattern with face in the water, over arm action and strong flutter kick across the deep end of the pool. They can also tread water for at least 60 seconds in deep water.

Starfish Stroke School Benchmarks

White Star Benchmark: Can easily demonstrate fundamentally sound Freestyle and Backstroke

Red Star Benchmark: Can easily demonstrate fundamentally sound Elementary Backstroke and Side Stroke

Yellow Star Benchmark: Can easily demonstrate fundamentally sound Butterfly

Blue Star Benchmark: Can easily demonstrate fundamentally sound Breaststroke



AQUATICS

POOL LOCATIONS: Mark Twain Pool (MT) & Halmi Pool (HP)

WHITE/RED

Monday

Age 4-7: MT - 6:10 - 6:40 PM

Age 7-11: MT - 6:40 - 7:10 PM

Tuesday

Age 4-7: HP - 4:00-4:30 PM

MT - 6:10 - 6:40 PM

Age 7-11: HP - 4:30-5:00 PM

MT - 6:40 - 7:10 PM

Wednesday

Age 4-7: MT - 6:10 - 6:40 PM

Age 7-11: MT - 6:40 - 7:10 PM

Thursday

Age 4-7: HP - 4:00-4:30 PM

MT - 6:10 - 6:40 PM

Age 7-11: HP - 4:30-5:00 PM

MT - 6:40 - 7:10 PM

Saturday

Age 4-7: MT - 11:00 - 11:30 AM

Age 7-11: MT - 11:30 - 12:00 PM

YELLOW

Monday

MT - 6:40 - 7:10 PM

Tuesday

HP - 4:30 – 5:00 PM

MT - 6:40 - 7:10 PM

Wednesday

MT - 6:40 - 7:10 PM

Thursday

HP - 4:30 – 5:00 PM

MT - 6:40 - 7:10 PM

Saturday

MT - 11:30 AM - 12:00 PM

BLUE

Monday

MT - 7:10 - 7:50 PM

Tuesday

HP - 5:00 - 5:40 PM

MT - 7:10 - 7:50 PM

Wednesday

MT - 7:10 - 7:50 PM

Thursday

MT - 7:10 - 7:50 PM

Saturday

MT - 12:00 - 12:40 PM

GREEN

Monday

MT 7:10 - 7:50 PM

Tuesday

MT 7:10 - 7:50 PM

Wednesday

MT 7:10 - 7:50 PM

Thursday

HP 5:00 - 5:40 PM

MT 7:10 - 7:50 PM

Saturday

MT 12:00 - 12:40 PM

StarBabies™ & StarTots™

The purpose of the StarBabies and StarTots course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim Diapers required.

(Adult & Infant ages 6 months - 18 months)

Days: 8 Fridays, starting on January 9

Time: 6:15 - 6:45 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$120, Non-residents: \$150

(Adult and Toddler ages 18 months - 48 months)

Days: 8 Fridays, starting on January 9

Time: 6:45 - 7:15 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$130, Non-residents: \$160



Armed with our Swim Whisperers® toolbox of strategies, Swim Angelfish Certified instructors assist swimmers of all abilities, including those with special needs, overcome obstacles and learn to swim without discomfort. Very limited spots.

Dates: 8 Saturdays starting January 10

Time: 1:00 - 1:30 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$109 Residents Only

AQUATICS

Starfish Swim School® for Preschoolers

(Ages 3 and 4)

Designed to meet the needs of children ages 3 & 4, this course will develop a high comfort level in the water and a readiness to swim and for those children who are developmentally ready, it will teach functional swim skills. This teaches swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting.

Days: 8 Mondays, starting on January 5
8 Tuesdays, starting on January 6
8 Wednesdays, starting on January 7
8 Thursdays, starting on January 8
Saturdays, starting on January 10

Time/Location: Monday 6:10 - 6:40 pm (MT)
Tuesday 4:00 - 4:30 pm (HP)
Tuesday 6:10 - 6:40 pm (MT)
Wednesday 6:10 - 6:40 pm (MT)
Thursday 4:00 - 4:30 pm (HP)
Thursday 6:10 - 6:40 pm (MT)
Saturday 11:00 - 11:30 am (MT)

Fee: \$140, Non-residents: \$170



Starfish Stroke School®

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and develop endurance.

Stages are as follows: White, Red, Yellow, Blue, and Green. All participants MUST PASS Swim School Green in order to register for stroke school OR have been water tested.

Please look at class description on registration website for start dates.

Fee: \$140, Non-residents: \$170

Starfish Swim Clinic™

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students learn and refine the competitive strokes plus develop an understanding of basic training principles such as using a pace clock, starts and turns, and racing. This program is a great introduction to competitive swimming in a low-key environment.

Days: 8 Saturdays, starting on January 10

Time: 12:00 - 12:45 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$140, Non-residents: \$170

Starfish Swim/Stroke School® for Teens (Ages 12-17)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning. Stroke School will teach /refine all four competitive strokes.

Days: 8 Fridays, starting on January 9

8 Saturdays, starting on January 10

Time: Swim School (HP) Friday 4:00 - 4:45pm OR
Swim School (MT) Saturday 11:00-11:45 am
Stroke School (MT) Saturday 12:00-12:45 pm

Location: Halmi Pool (HP), 72 Valentine Lane OR
Mark Twain Pool (MT) 160 Woodlawn Ave.

Fee: \$140, Non-residents: \$170



AQUATICS

White (Freestyle)
Red (Backstroke)
Must pass ALL swim school benchmarks in order to register
Monday
W MT-6:10 - 6:55 PM
Tuesday
W HP-4:00-4:45 PM
W/R MT-6:10 - 6:55 PM
Wednesday
W/R MT-6:10 - 6:55 PM
Thursday
W/R MT-6:10 - 6:55 PM
R HP 4:00-4:45 PM
Saturday
W/R MT-11:00 - 11:45 AM

Yellow (Butterfly)
Blue (Breaststroke)
Green (Endurance)
Must pass W/R/Y/B stroke benchmarks in order to register
Monday
Y MT-7:00 - 7:45 PM
Tuesday
G MT-7:00 - 7:45 PM
Wednesday
Y MT-7:00 - 7:45 PM
B MT-7:00 - 7:45 PM
Thursday
Y/B 7:00 - 7:45 PM
Friday
Y HP-4:00-4:45 PM
Saturday
G MT-12:00 - 12:45 PM

SPECIALTY COURSES

Stroke School	Starfish Swim Clinic
If the student has achieved a GREEN Starfish Swim School Award Patch and needs to learn or refine backstroke, breast-stroke, butterfly	If the student can swim 25 yards freestyle with side breathing, needs to build endurance and wants to learn turns, starts, and swim team training techniques
SIGN UP FOR STROKE SCHOOL	SIGN UP FOR STARFISH SWIM CLINIC

Aqua Fitness Flow

Instructor: Elsie Perrington

Take your water workout to the next level...

Build strength, get toned, and enhance your workout. Just add water!

Dates: 8 Thursdays starting January 8

Time: 8:00-8:45 PM

Location: Mark Twain Pool

Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$140 for 8 classes, Non-residents \$170

HydroRevolution® Total Body Workout

The Hydro Revolution Total Body Workout Program has been designed to take your overall fitness to the next level! Incorporated in the workout are Aqualogix and Aquastrength® Bells and Lower Body Fins. The workout consists of a dynamic flexibility warm up, strength & stability component which targets your total body before finishing off with a dynamic flexibility cool-down. The exercises in this program are very challenging and will completely work your overall stability, balance, coordination and movement patterns. Amazing workout! For more information visit www.hydrorevolution.com.

Dates: 8 Mondays, starting January 5

Time: 8:00 - 8:45 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$140, Non-residents: \$170



Evening Lap Swim

Work out or leisure swim at your own pace. Must circle swim if more than two persons in a lane.

Dates: 8 weeks starting on Monday, January 5

Mark Twain Pool (MT)

Mondays/Wednesdays – 8:00 - 9:30 pm

Tuesdays/Thursdays – 8:45 - 9:30 pm

Fridays – 7:30 - 9:00 pm

Halmi Pool (HP)

Tuesdays – 6:00 - 7:00 pm

Fridays – 5:00 - 7:00 pm

Fee: \$108, Non-residents: \$124

AQUATICS

Aqua Body Strong

A floating class! Balance, strength, and yoga water based fitness class on fitness boards. Total core body workout. Great for all fitness levels. You will be challenged!

Dates: Saturdays starting January 10

Time: 12:45 - 1:30 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$15 per class Residents

\$25 per class Non-residents



Fit & Fabulous Aqua fit

Aquatic cardio and strength exercises with emphasis on minimal joint impact. Great class!

Dates: 8 Saturdays, starting on January 10

Time: 10:00 - 11:00 am

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$140, Non-residents: \$170

Senior discount at registration \$75

Starfish Swim School® for Adults (Ages 18+)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

Dates: 8 Tuesdays starting January 6
8 Thursdays starting January 8
8 Saturdays starting on January 10

Time: Tues. 8:00 - 8:45 pm (MT)

Thurs. 6:00 - 6:45 pm (HP)

Sat. 11:00 - 11:45 am (MT)

Fee: \$140, Non-residents: \$170

Starfish Stroke School® for Adults (Ages 18+)

Students refine freestyle and learn stroke technique for butterfly, backstroke, breaststroke, and develop endurance.

Dates: 8 Wednesdays starting January 7

Time: 8:00 - 8:45 pm

Location: Mark Twain Pool, 160 Woodlawn Ave.

Fee: \$140, Non-residents: \$170



AQUATICS

Yonkers Masters Swim Club (Ages 18+)

Enjoy friendship and camaraderie as you improve your technique, stroke and conditioning through organized workouts; geared for the fitness swimmer to the serious competitor. Registered United States Masters Swim Team; member LMSC. For more detailed information, visit www.yonkersmasters.com.

Dates: Year-round program
Times: Tues./Thurs. 8:00 - 9:30 pm
 Saturday 9:30 - 11:00 am
Fee: \$140 per session,
 Non-residents: \$170

Recreation Open Swim

Open recreation swim. All parents must accompany children in water.

Dates: 8 Fridays, starting on January 9
Time: 5:00 - 7:00 pm (HP)
 7:30 - 9:30 pm (MT)
Fee: Adult \$65 Child \$35
 Non-residents: Adult \$90 Child \$60

STARGUARD™ Lifeguard Training (Ages 15+)

Starfish Aquatic Institute (SAI) participants must successfully complete lifeguard training, first aid, AED, and CPR. Two class options are available.

February Break Training 2026 – PreTest

Monday February 9, 6:30 - 8:00 PM OR
Saturday February 7, 11:00 AM - 12:30 PM

Class Dates: February 14, 17, 18, 19

Time: 9:00 am - 3:00 pm

Spring Break Training 2026 – PreTest

Saturday, March 21, 12:00 - 1:30 PM or
Monday, March 23, 6:30 - 8:00 PM

Class Dates: March 30 – April 3

Time: 9:00 am - 3:00 pm

Fee: \$350

For more information, please call 377-6439

CONDORS SWIM CLUB IN YONKERS



From Beginner to National Level:

- Build confidence and self-esteem
- Better concentration in school and in team sports
- Learn and develop all four competitive strokes
- Increase balance, coordination, and all around fitness levels
- Train with Coaches and Swimmers who have achieved Olympic Trials and Nationals time standards, as well as Zone Team qualifiers and Junior Olympic qualifying athletes!

Contact Us:

*Jon Hulbert, Mark Twain Head Coach
Phone: 845-638-4381 Ext. 704
Email: Jon@SwimCondors.org*

Mark Twain Pool

Yonkers Montessori Academy
160 Woodlawn Avenue, Yonkers, NY 10704

www.SwimCondors.org



EDWARD J. MURRAY MEMORIAL SKATING CENTER

(914) 377-6469 • 348 Tuckahoe Road • Yonkers, NY 10710

Public Skating Admissions

General Admission	\$14.00
Senior Citizen	\$3.00
Skate Rental.....	\$7.00

**Having a birthday?
Why not an ice skating party?**

Call (914) 377-6469 for details!

Public Skating Sessions

Tuesday, Wednesday & Thursday

10:00 AM – 12:00 PM

Friday

10:00 AM – 12:00 PM & 8:30 PM – 10:30 PM

Saturday

12:00 PM – 2:00 PM & 8:30 PM – 10:30 PM

Sunday

1:00 PM – 3:00 PM

Please call the rink for holiday hours and closures

Saturday schedule subject to change

Semester I: September 13, 2025 – December 14, 2025

Semester II: January 10, 2026 – April 19, 2026

Classes offered Saturday and Sunday

The Ice Sports Industry Method: All students begin lessons at the Tot, Skate 1, or 2 level learning basic skills necessary to progress to Alpha level and beyond. Each level contains specific components as listed and tests are given at regular intervals to enable students to reach the next level. Register online at register. communitypass.net/yonkers.

Tot "Trial" Evaluation Class

Ages 4 to 14 years – First time skaters
Pre-registration is REQUIRED for the Trial Lesson.
Fee for Trial Class: \$20
Please call for more information. (914) 377-6469

Tot Class

Ages 4 to 6 years - Beginners/Returning Students

Skate Classes/Adult Classes

Ages 7 to 14 years
Skate 1 – Beginners/Skate 2 – Returning Students
Adults – 16 years and older - Saturday 10:15 AM

TOT SKATE CLASS TIMES & FEES

All classes are a half hour in length

Saturdays – 9:45 or 10:15 AM

Sundays – 10:50 AM or 11:20 AM

FEES:

Saturdays - 13 weeks - \$221
Sundays - 13 weeks - \$221



EDWARD J. MURRAY MEMORIAL SKATING CENTER

Alpha and Beta Classes

All classes are 30 minutes in length.

Saturdays 9:15 AM

FEE: \$252 for 14 weeks

Gamma, Delta Freestyle 1 through 9 Classes

All classes are 45 minutes in length.

GAMMA, DELTA FREESTYLE 1 - 4

Saturdays – 8:30 AM

FREESTYLE 5 THROUGH 9

Saturdays – 7:45 AM

FEE: \$280 for 14 weeks

ICE RENTAL TIMES AVAILABLE.

The Rink is available to rent for all your event needs. Please call 914-377-6469 for more information.



LEARN TO PLAY

(Ages 5-10)

Get to know the game plus all the gear you need to play. Skating, shooting, handling, passing, and teamwork are just a few of the basic covered in the 10-week program.

- FREE head-to-toe equipment, including skates, for first timers
- Gear fitting
- 10 weeks of ice time
- 1-hour sessions
- Professional instruction alongside NYR Staff and Rangers alumni

ROOKIE LEAGUE

(Ages 5-14)

Got the basics covered? Time to add a little friendly competition to the mix. This affordable age-appropriate league will help kids grow their game and take the fun to the next level.

For more information and to register please visit newyorkrangers.com/rookieseries

Adult Open Hockey

Fee: \$20 per player per session

Players may participate in an open scrimmage or practice workout during various times throughout the winter season. Equipment required! Goalies skate free. Family Open Hockey is open to all family members. Adult Open Hockey is open to players 18 years and older.

TIME/SCHEDULE:

Fridays, 10:40 PM - 12:40 AM

Saturdays, 10:40 PM - 12:40 AM

TIMES SUBJECT TO CHANGE

STICK TIME

Fee: \$20 per player per session

Sundays, 7:15 AM - 8:15 AM

PROJECT FRIENDSHIP

Project Friendship is a group oriented program for ages 5 and above with developmental disabilities. Please note all participants need to be interviewed by a Recreation Supervisor. We do not offer 1:1 services for participants of the program. If your child needs additional support you are required to attend and interact with them. For all school aged/workshop participants an Individual Evaluation Plan and/or Individual Service Plan is required for acceptance into the program. We encourage all participants to have OPWDD eligibility. The City of Yonkers is a waiver program. All participants must be toilet trained. Please call (914) 377-6438 with any questions. Fees (per participant): Yonkers Residents \$175. Non-residents \$360. Any group home individual \$335. Please note: There will be an additional fee for bowling and some special events planned during the course of the year. Please note - if the participant is on the Medicaid waiver an ISP addendum and an approval letter needs to be submitted. No admission or readmission to this program is final until determined by the Parks Department.

ART THERAPY

Participants learn about self expression and creative arts during the fun-filled hour. Activities include: painting, crafts and sculpting.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 2:00 – 3:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

BOWLING

Our bowling league provides staffing for supervision and assistance with score keeping. Bumpers are available.

Age: Adults \$9.00 per 2 games

Day: Fridays

Time: 3:30 – 5:30 PM

Location: Paradise Lanes
790 Yonkers Avenue

DELIGHTFUL DINING

Enjoy a wonderful hour of simple but delicious food and etiquette. This will definitely be a program all will enjoy.

Age: Children and Teens

Date: Program meets twice a month- first and third Saturdays

Time: 2:00 – 3:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

HERO TENNIS

This program is designed to promote a participant's coordination and agility skills.

Age: Children, Teens, Teens and Adults

Days: Program meets weekly on Saturdays

Time: 11:00 – 12:00 PM

Location: School 30
30 Nevada Place

MUSIC THERAPY

Participants will use music to explore and improve physical, psychological, cognitive and social functioning

Age: Children and Teens

Day: Program meets twice a month every other Saturday

Time: 2:00 – 3:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

SPECIAL OLYMPICS

Supervised sports instruction will be offered to participants who meet eligibility requirements for the Westchester/Putnam Special Olympics. The program is offered to Teens and adults during the months of October through mid-May.

Age: Teens and Adults

Day: Saturdays

Time: 9:00 – 11:00 AM

Location: School 30
30 Nevada Place

STORYTELLING

Join us as we read our all-time favorite stories! Parents and participants are encouraged to bring in stories as well!

Age: Children and Teens

Day: Saturdays

Time: 12:00 – 1:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

THEATRE WORKSHOP

Learn the wonderful craft of drama, self-expression and miming.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 12:00 – 1:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

FRIENDSHIP CLUB

A social program for developmentally disable Teens through adult years. Activities include: going to the movies, dine-outs, dance therapy, exercise, entertainment, art, dancing and much more.

Age: Teens and Adults

Day: Tuesdays

Time: 6:00 – 7:30 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

ZUMBA

This fabulous program promotes self-esteem, morale and worth for all who attend. This motivational program will benefit all that attend.

Age: Children and Pre-teens

Day: Program meets twice a month on Saturdays

Time: 1:00 – 2:00 PM

Location: Bernice Spreckman Community Center
777 McLean Avenue

A multitude of special event activities will be planned throughout the year. For additional information please call 377-6438.

PLEASE NOTE: Project Friendship programs begin the second week in October.



SENIOR CITIZEN RECREATION

The Yonkers Senior Centers are located throughout the city. Senior Citizen Recreation is free for all Yonkers residents 60+ years and \$25 per year for Non-residents. Each Senior Center is completely different. When visiting a Senior Center ask to see the Leader. The Specialist Programs are free recreation classes including fitness and artistic classes. This program is open to residents 60+ years. Registration is not required. Simply drop in and take a class.

For more information on our senior programs, classes, and events call 377-6442.

SENIOR GROUP #2

Grinton I. Will Library - Senator Flynn Room

1500 Central Park Avenue

Phone: 337-1500, press 348

Monday – Friday 12:30 – 4:30 PM

This site is in a small room which allows for a coffee hour, card playing and Mahjong.

SENIOR GROUP #3

Bernice Spreckman Community Center

777 McLean Avenue

Phone: 377-6472

Monday – Friday 12:00 – 4:00 PM

This is a multi-room site which allows for many different activities: billiards, bingo, sing-along, sewing and crafts, card playing, movies, exercise, yoga, line dancing, shuffleboard, bocce, intergenerational program, coffee hour and organized parties.

SENIOR GROUP #4

Charles Cola Community Center

945 North Broadway

Phone: 377-6483

Mondays, Wednesdays, and Fridays 12:00 – 4:00 PM

This site offers arts and crafts, bridge, bingo, card playing, drawing, and many parties.

SENIOR GROUP #7

Homefield House

911 Saw Mill River Road

Phone: 327-1566

Tuesdays, Thursdays and Fridays 11:30 AM – 4:30 PM

This site offers bingo, card playing, watercolor painting classes, and parties.

SENIOR GROUP #8

Runyon Heights Community House

21 Runyon Avenue

Phone: 969-2733

Wednesdays 11:30 AM – 4:30 PM

This site offers card playing, Tripoly, exercise, bingo, and parties.

SENIOR GROUP #10

Bronx River Road (Scotti) Community Center

680 Bronx River Road

Mondays – Fridays 11:30 – 4:30 PM

Phone: 377-6486

This site offers bingo, card playing, exercise, arts and crafts and parties. *Lunch program available through Office for the Aging, call 377-6486.

SENIOR GROUP #12

Nodine Hill Community Center

140 Fillmore Street

Phone: 377-6475

Mondays – Fridays 12:00 – 4:00 PM

This is a multi-room site which offers: billiards, bingo, card playing, exercise, yoga, line dancing, watercolor, bocce, computer classes, and a coffee hour.

SENIOR GROUP #15

Nepperhan Community Center

342 Warburton Avenue

Phone: 965-0203

Tuesdays and Thursdays 12:00 – 4:00 PM

This site offers Pokeno, Tripoly, exercise and crafts.

*Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #16

Schultze Field Clubhouse

Schultze Park

Phone: 255-4269

Mondays and Tuesdays

12:00 – 4:00 PM

This site offers Mahjong, art, and exercise classes

SENIOR CITIZEN RECREATION



Bingo is held at the various senior centers and open year round to Yonkers Residents 60 years and older. Bingo schedule subject to change. Please call ahead center to confirm schedule.

TUESDAY

Nodine Hill Community Center

140 Fillmore Street
1:00 PM
377-6475

Homefield House

911 Saw Mill River Road
1:00 PM
327-1566

WEDNESDAY

Nodine Hill Community Center

140 Fillmore Street
12:30 PM
377-6475

Runyon Heights Community House

21 Runyon Avenue
1:00 PM
969-2733

[once a month usually the 3rd Wednesday of the month]

THURSDAY

Bernice Spreckman Community Center

777 McLean Avenue
1:00 PM
377-6472

FRIDAY

Bronx River Road Community Center*

680 Bronx River Road
1:00 PM
377-6486

** There is also bingo before the 12:00 noon lunch program. Lunch program available through Yonkers Office for the Aging. For information please call 377-6822.*



SENIOR CITIZEN RECREATION

HEALTH & WELLNESS CLASSES

Registration is free! Please register in person on the first day of the class. We reserve the right to cancel any class due to lack of enrollment. Inclement weather? Call the hotline 377-6454 one hour prior to the scheduled class or center opening. For more information on Senior Programs please call 377-6442.

MONDAYS

SHINE FITNESS

Instructor: Kathy Schwartz

10:45 - 11:45 AM, Februart 23 - DJune 1
(No class 3/23, 3/30, 5/25)

Nodine Hill Community Center, 140 Fillmore Street

CHAIR EXERCISE & YOGA

Instructor: Charles Chesnavage

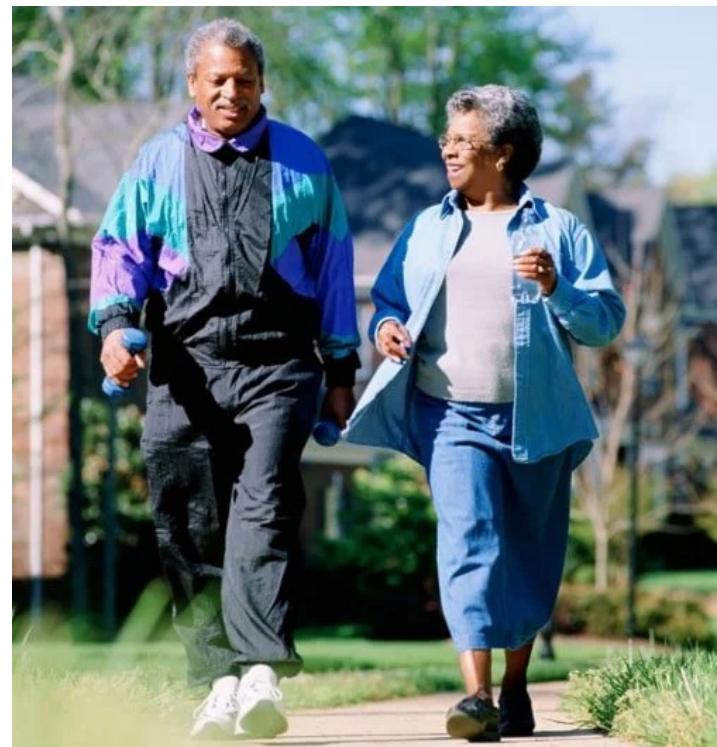
1:15 – 2:15 PM, February 23 - May 11
Bronx River Road Community Center, 680 Bronx River Road

CHAIR EXERCISE & YOGA

Instructor: Charles Chesnavage

12:00 – 1:00 PM, February 23 - May 11
(No class 3/2, 4/6, 5/4)

Schultze Field Clubhouse, Schultze Park



TUESDAYS

FUNCTIONAL FITNESS

Instructor: Cathy McMahon

11:00 - 12:00 PM, February 24 - May 12
Nepperhan Community Center, 342 Nepperhan Avenue

LATIN MIX DANCING

Instructor: Ike Leong

12:30 - 1:30 PM, February 24 - May 12
Bernice Spreckman Community Center, 777 McLean Avenue

SENIOR CITIZEN RECREATION

WEDNESDAYS

TAI CHI

Instructor: Alex Lamas

10:00 - 11:00 AM, February 25 - May 13

Nodine Hill Community Center, 140 Fillmore Street

FUNCTIONAL FITNESS

Instructor: Cathy McMahon

12:00 - 1:00 PM, February 25 - May 13

Charles Cola Community Center - Garden Area
945 North Broadway

EXERCISE

Instructor: Kim Caso

12:00 - 1:00 PM, February 25 - May 13

Runyon Heights Community House, 21 Runyon Avenue

THURSDAYS

SHINE FITNESS

Instructor: Kathy Schwartz

9:00-10:00 AM, February 26 - May 14

Bronx River Road Community Center, 680 Bronx River Road

CHAIR EXERCISE & YOGA

Instructor: Charles Chesnavage

11:00-12:00 PM, February 26 - May 14

Nepperhan Community Center, 342 Warburton Avenue

FUNCTIONAL FITNESS

Instructor: Cathy McMahon

12:15 - 1:15 PM, February 26 - May 14

Bernice Spreckman Community Center, 777 McLean Avenue

FRIDAYS

TAI CHI

Instructor: Alex Lamas

12:00 - 1:00 PM, February 27 - May 15

Bernice Spreckman Community Center, 777 McLean Avenue

TRIVIA TIME

Instructor: Maryl Turchi

Charles A. Cola Community Center

945 North Broadway

Wednesday, 1:00-3:00 PM

February 25 - May 13

HomeField House

911 Saw Mill River Road

Tuesdays, 1:00-3:00 PM

February 24 - May 12

Inclement weather? Call the City of Yonkers hotline at 377-6454 one hour prior to scheduled class or center opening to confirm if that the class is being held. For more information on Senior Recreation Programs call 377-6442.



SENIOR CITIZEN RECREATION

LINE DANCING

Instructor: Diane Capurso

Registration is free! Please register in person on the first day of the class. We reserve the right to cancel any class due to lack of enrollment. Inclement weather? Call the hotline 377-6454 one hour prior to the scheduled class or center opening. For more information on Senior Programs, please call 377-6442.

MONDAYS

Bernice Spreckman Community Center 777 McLean Avenue

Intermediate

12:30 -1:30 PM

Dates: 2/23, 3/9, 3/16, 3/23, 4/13, 4/20, 4/27, 5/11, 5/18

Schultze Field Clubhouse, Schultze Park Saint Eleonoras Lane

Beginners

1:00-2:00 PM

Dates: 3/2, 4/6, 5/4

TUESDAYS

Schultze Field Clubhouse, Schultze Park Saint Eleonoras Lane

Beginners

1:00-2:00 PM

Dates: 3/10; 5/12

FRIDAYS

Charles A. Cola Community Center 945 North Broadway

Intermediate

Every other Friday, 10:45 – 11:45 AM

Dates: Feb. 27, March 13, April 10, 24, May 8, 22

Nodine Hill Community Center 140 Fillmore Street

Advanced

Every other Friday, 12:30 – 1:30 PM

Dates: March 6, 27, April 17, May 1, 15, 29

ART CLASSES

Instructor: Diana Capasso

12:00-1:00 PM, Feb 23- May 11

Nodine Hill Community Center 140 Fillmore Street

1:30-2:30 PM, Feb 23- May 11

Cola Community Center 945 North Broadway

SENIOR CITIZEN RECREATION

SENIOR COMPUTER CLASSES

Instructor: Rosetta DeRentiis

Courses are free to Yonkers Residents 60 years of age and older. ALL courses are held at the Nodine Hill Community Center, 140 Fillmore Street, Yonkers, NY

TO REGISTER PLEASE CALL 377-6475

WEEKDAYS BETWEEN 12 PM -3PM

LEARN THE TOOLBAR & DESKTOP

12 – 2PM Feb. 18, 19, 25

Learn the tools in the toolbar to create documents, letters, mailings, colors, backgrounds, bolding, underlining and many more options including copy and paste & inserting images. Manage icons, organize desktop for better and quicker access to files. (Bring USB drive).

KEYBOARDING

12:00-2 PM Feb. 26, March 4, 5

Learn finger placement on keyboard. You will do exercises that will encompass numbers, punctuations marks, letters, directions & other capabilities of the keyboard. You will participate in time testing from internet applications. Good review for past users

BASIC COMPUTER SKILLS 1

12:00-2 PM March 11, 12, 18, 19

Learn the tools necessary to create documents (letters) by entering simple text, open & save files, use spellcheck & thesaurus. When to use left and right side click & change fonts. (Bring USB/Flash drive if possible to save work. You may bring your own fully charged laptop.

BASIC COMPUTER SKILLS 2

12- 2PM Mar. 25, 26

Continuation of Basic Skills. Learn to copy, paste, minimize, maximize. Learn to create flyers, e-vites, greeting cards, calendars. Insert images from the internet and clip art.

INTRO TO BASIC EXCEL 1

12PM-2 PM April 1, 8, 9

Learn to navigate the toolbar, identify cells, rows and columns. Learn how to insert and delete rows & columns from toolbar. Be able to learn how to add, subtract, multiply & divide by using formulas.

BASIC EXCEL 2

12PM – 2PM Mar. 26, 27, April 2, 3

Be able to do spreadsheets, budgets, expenses, grocery lists, banking info, keep track of money transactions, membership dues, and organize your everyday financial and personal data. Excel Project encompassing addition, sub. mult. & division on 11/5

POWER POINT

12PM – 2PM Apr. 23, 29, 30

Learn to create simple presentations consisting of slides and images, text and art. You will create a Power Point Presentation to present to class on 4/30.

GOOGLE DOCS

12 – 2PM May 6, 7

Learn to navigate Google Docs Suite. Explore Google Earth & Maps, use the translator for different languages, and maintain e-mails and calendars. Learn a variety of information by internet research. (Must have or be able to create a User name and Password)

EXPLORE THE INTERNET FOR HEALTH CARE INFORMATION

12-2PM May 3, 14

Using websites de-signed for health care research, be able to identify conditions, treatments & medications associat-ed with diagnoses. Find physicians via the internet who specialize in the delivery of specific condit-ions.

RESEARCHING ON THE INTERNET

12-2PM May 20, 21

Learn how to do basic research in finding information on air fares, hotels, purchasing products, real estate, agency information to schedule appointments on line, using parking apps. The internet can be your friend!





COYNE PARK RIFLE & PISTOL RANGE



MAYOR MIKE SPANO

**771 McLean Avenue
Yonkers, NY 10704
(914) 377-6488
www.coyneparkrange.net**



The Coyne Park Range is an indoor shooting range conveniently located in southeast Yonkers. A public range welcome to all recreational shooters and law enforcement personnel. If you haven't yet taken the initial step, come join us, and see what you've been missing. Our range accommodates all handgun calibers, as well as .22 caliber rifles, and carbine rifles chambered for standard handgun ammunition (no magnum rounds permitted for any firearms at this time).

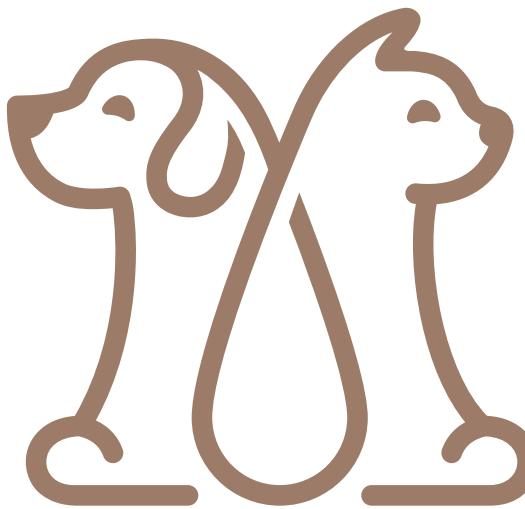
Hours of Operation

Monday, Wednesday & Thursday: 4:00 - 9:00 pm
Friday: 11:00 am - 9:00 pm

Residents \$25 per hour, Non-residents: \$30 per hour
Yearly memberships available, Residents \$350, Non-residents \$425
Eye and Ear Protection: \$3 each
Rifle Rental: \$75 per person plus cost of ammunition,
includes eye and ear protection, instruction, and one hour admission.

NRA First Steps

Our National Rifle Association (NRA) First Steps Pistol and Rifle courses are for people who own a firearm. This course is offered by appointment only and typically involve one-on-one instruction.



YONKERS ANIMAL SHELTER

Interested in adopting?

We are always in search of new homes for all of our wonderful pets, both cats and dogs. These animals are asking for a chance to show you their affection and love. If you are interested in a pet, please consider meeting our beautiful animals. A staff member is available to discuss our adoptable animals with you. Potential adopters are required to fill out our preadoption form, which can be done at the shelter.

Adoptions include:

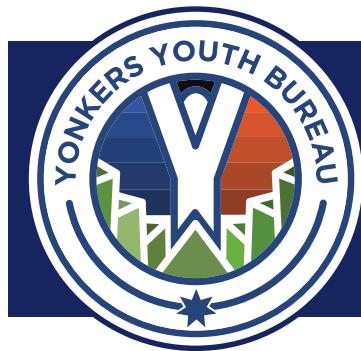
Spaying and neutering
Distemper shot
De-worming
Rabies shot
Dog License
and a free examination with
a participating veterinarian

**1000 Ridge Hill Boulevard
Yonkers, NY 10710
(914) 377-6730**

Hours of Operation

11:00 am to 4:00 pm
Adoption fees: Cats \$65 • Dogs \$80





City of Yonkers Youth Bureau
285 Nepperhan Avenue | Yonkers, NY 10701

914.377.6443

youthbureau@yonkersny.gov
www.yonkersny.gov/youthbureau



MAYOR MIKE SPANO



YONKERS PARKS

The City of Yonkers Youth Bureau's mission is to serve Yonkers youth and their families through community development, advocacy, and prevention, strengthening the overall community.

The City of Yonkers Youth Bureau will work to educate youth and their families with a focus on wellness, mental health awareness, career development, and other critical life skills to develop youth into productive members of the community.

Mind Matters Mental Health Series

This series focuses on mental health related programs geared towards the youth and their families. The goal is to provide support and educate the participants on the importance of mental health.

Youth Leadership Academy

(For Youth 6th – 8th grade)

Youth Leadership Academy focuses on developing youth into young leaders before they enter high school. The program focuses on respect, enthusiasm, and articulation to help them develop their authentic selves.

Yonkers Social Circus

(For Youth in 5th grade)

This unique program connects education, physical art and social development. Participants will learn important life skills through circus arts. Social Circus is more than teaching circus skills: it is a tool for transformation, discipline, creativity and artistic expression.

Workforce Readiness Program

(For Youth in 9th – 12th grade)

The workforce readiness program supports youth's physical, mental and emotional well-being. This program we will help the youth with resume building, interviewing strategies and other necessary skills needed to compete in the labor market.

Community Connect

Together is better! This series focuses on supporting positive youth development and strengthening families through engaging discussions and shared experiences. Let's connect and learn from each other.

**For more information, contact the
City of Yonkers Youth Bureau today!**

Follow us today:



yonkersyouthbureau



SUMMER CAMP 2026

**The City of Yonkers is excited to offer
These Summer Camp Programs!**



Ages: 5-14 years

Fun for children 5-14 years old; campers must be 6 by December 31, 2026 and entering 1st grade in September.

Choose from one of our conveniently located sites. Camp hours are 8:00 AM – 5:00 PM. Campers will enjoy a variety of indoor and outdoor activities plus exciting trips.

Pre-K Summer Camp

Ages: 3-5 years

A fun experience for our young campers with various outdoor and indoor activities. Campers must be completely toilet-trained (no diapers or pull-ups). Parents can select three or six weeks of morning fun at one of our three sites. Camp hours are 9:00 AM - 12:00 PM.

Camp Proud

Ages: 5+

A fun summer experience, for the developmental disabled community members. A full day camp program that will excite campers with numerous on-site and off-site activities. Parents/Guardians can select three or six weeks of camp. Transportation, breakfast, and lunch are provided. All campers must be fully toilet-trained and not need 1 to 1 services. No admission or re-admission to this camp is final until determined by the Parks Department.

*Stay tuned! All specific camp details will be in our Spring/Summer Brochure.
For more information, please call 377-6450.*



2026

YONKERS

MARATHON, HALF MARATHON & 5K



SAVE THE DATE

SUNDAY, SEPTEMBER 20, 2026



cityofyonkers
mayormikespano



mayormikespano



cityofyonkers



**YONKERS
PARKS**

City of Yonkers
Department of Parks, Recreation & Conservation
285 Nepperhan Avenue Yonkers, New York 10701

www.yonkersny.gov
register.communitypass.net/yonkers